



For Immediate Release

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PV Woods and Perkiomen Valley School District Foundation Presents first annual Love Your Mother 5K

(Collegeville, PA, April 19, 2022) PV Woods and Perkiomen Valley School District Foundation (PVSD Foundation) presents the first annual Love Your Mother 5K on Saturday, May 7, at Middle School West (PVMS West), located at 220 Big Rd, Zieglerville, PA 19492. Registration that morning will begin at 8:00 am, with the race starting at 9:00 am. Participants who finish first in their category will receive an award. In addition to the race, there will be a bake sale and activities for kids to participate in, led by the Perkiomen Valley High Schools' Take Action club.

Participants taking part in the 5K will traverse PVMS West's beautiful campus as the Love Your Mother 5K takes you through their cross-country course through Muhlenberg Woods and over the athletic fields. As participants run or walk, they will enjoy the beautiful scenery and a challenge!

Proceeds of this event will go towards revitalization efforts at PV Woods and funding projects within the Perkiomen Valley School District. One of these actions includes tree identification labels providing the English name, scientific name, and Lenape name. At their last meeting, Perkiomen Valley School District Foundation approved the following projects: Kindness Rock Garden, Mega Interactive Chess Set, and Outdoor Equipment. Funds from this event will fund projects presented at the next meeting.

Run/Walk Fees are as follows: pre-event day registration \$35; mother's rate \$17.50; race day registration \$50; and race day mother's registration \$25. For those who want to partake in just the Take Action activities, tickets are \$10. The public can also make a general donation to the event through the registration page. If you are part of a running club, a running club package offers discounted registrations and other perks. Sponsorship is also available to individuals and companies looking to support PV Woods and PVSD Foundation. To register or find out more about the race, visit www.pvsdfoundation.org/love-your-mother-5k.

About PVSD Foundation:

The Perkiomen Valley School District Foundation is an independent 501(C)(3) non-profit organization that encourages excellence by enhancing and enriching the educational opportunities offered to the Perkiomen Valley School District students. Our mission is to provide funding for programs that would not otherwise be available through tax dollars or other traditional sources. For more information about PVSDF, visit our website: www.PVSDFoundation.org.



About PV Woods:

As an irreplaceable watershed and forest, Lenape Arboretum and Muhlenberg Woods (PV Woods) provide a place for wonder, exploration, relaxation, learning, and joy that promotes environmental stewardship and conservation by enabling ALL students to explore the roots of our community.

Muhlenberg Woods (West Campus) is named in honor of Gotthilf Heinrich 'Henry' Ernst Muhlenberg (1753-1815) who was born in Trappe, PA and became America's first botanist. For more information about PV Woods, visit their website: <https://www.pvsd.org/community/pvwoods/>.

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