



MEDIA ADVISORY

For Immediate Release

5/5/2022

Perkiomen Valley School District Foundation & PV Woods to Host First Annual Love Your Mother 5K A 5K celebrating Mothers and Mother Nature

WHAT: Despite the weather forecast, the 1st Annual Love Your Mother 5K is still happening! Most events will move inside, but the run and tree planting will still occur outside.

Participants taking part in the 5K will traverse PVMS West's beautiful campus as the Love Your Mother 5K takes you through their cross-country course through Muhlenberg Woods and over the athletic fields. As participants run or walk, they will enjoy the beautiful scenery and a challenge! But be prepared for mud and wind chill!

There is also a Kid Zone offering activities including wind chime crafting, rock and seashell decorating, face painting, a recycling relay race, and a bake sale. For more information, visit <https://pv sdfoundation.org/love-your-mother-5k/>

WHEN/WHERE: Saturday, May 7, 2022
Perkiomen Valley Middle School West | 220 Big Road, Zieglerville, PA 19492

8:00 am – Registration & Bib Pick Up
8:50 am – Muhlenberg Woods Grand Reopening
9:00 am – 5K Begins / Kid Zone Starts
10:30 am – 5K Awards
10:40 am – Muhlenberg Woods Dedication

WHO: Members of the PVSD community, moms, and the general public are invited to attend.

Speakers throughout the day include Ryan Creeden, PV Middle School West (PVMSW) Principal; Dr. Seamus Clune, PV Middle School East Principal and PV Woods Program Director; Emilie Knee, PVMSW Student & Green Team member; Heather Lobban-Viravong, Vice President, Ursinus College; Judy Lofton, Program Coordinator, PV Woods; Kim Mares, Vice President, PVSD School Board; Kristin Craven, PVSDF Executive Director; Danielle Emers, PVMSW Teacher & Green Team Advisor, Muhlenberg Woods Coordinator.

MEDIA & DAY OF CONTACT: Kristin Craven, (c) 609-658-6003, FoundationED@pv sd.org

About Muhlenberg Woods & PV Woods:

As an irreplaceable watershed and forest, Lenape Arboretum and Muhlenberg Woods (PV Woods) provide a place for wonder, exploration, relaxation, learning, and joy that promotes environmental stewardship and conservation by enabling ALL students to explore the roots of our community. Muhlenberg Woods (West Campus) is named in honor of Gotthilf Heinrich 'Henry' Ernst Muhlenberg (1753-1815) who was born in Trappe, PA and became America's first botanist. For more information about PV Woods, visit their website:

<https://www.pvsd.org/community/pvwoods/>.

About the Perkiomen Valley School District Foundation (PVSD Foundation):

The Perkiomen Valley School District Foundation is an independent 501(C)(3) non-profit organization that encourages excellence by enhancing and enriching the educational opportunities offered to Perkiomen Valley School District students. Our mission is to provide funding for programs that would not otherwise be available through tax dollars or other traditional sources. For more information about PVSDF, visit their website:

www.PVSDFoundation.org.

###

